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Wound after surgery

When you recover from surgery, the last thing you want is a problem with your incision. An incision is cutting or wound by surgery. It sewns closed by the doctor. It can also be scratched, recorded or glued closed. With proper care, it turns into a scar. Taking care of your incision after surgery is important for your health. Correct cure can reduce the risk of infection and help you return to normality before. The incisions range from size and position. Route to improve health after surgery, the doctor will tell you how to take care of your incision. The instructions of him could include: when to remove the bandage. In some cases, the bandage must be removed the day after surgery. This depends on the position of surgery, surgery of surgery and engraving. Most wounds do not require a bandage after a few days. However, you can decide to wear a bandage to protect engraving. Keep your incision dry. This is especially true for the first 24 hours. Avoid taking a shower or bathing the first day. Instead, try to take a sponge bath. It is usually good wash with soap and water by the second day. Take a shower instead of a bath if you have points or tape for the skin on your incision. Towel gently engraving after washing. Removing points. This is done by the doctor. You should not remove your points. He or she will remove the points that don't disappear in your skin by yourself. These types of points are usually removed 3 days to 3 weeks after surgery. This will depend on where they are and how fast it heals. The doctor can apply tape for the skin after the points are removed. The skin ribbon provides further wound support. The tape can be removed in 3-7 days. Sometimes, your incision will be closed with internal points (points under the surface of the skin). Those typically are absorbed from your body gradually and you don't need to remove. Healing skin may need months to regain most of your strength. Limit the movement around the points. The limiting area movement around your incision improves healing. Avoid activity that could cause your incision to pieces. The doctor can ask you to avoid lifting, tension, exercise or sport for the first month or so after surgery. Call your doctor if the incision separates. Always wash your hands before worrying about your engraving. Ask your doctor if you need to use a soap or rubbing alcohol wipes to clean the wound. Things to consider if the incision will open, call your doctor. The doctor may decide not to close it again with the points. If it happens, the doctor will show you how to take care of your incision a different way. This will probably involve the use of bandages to absorb drainage deriving from engraving. The bandages must have changed frequently. The incision will heal over time from the inside. People who have diabetes are at risk of injury care problems. This means that wounds heal more slowly and require more care. If your incision is red, this could be a sign of infection. A certain redness is normal. However, call your doctor if the redness is increasing or if it spreads more than half a thumb from the wound. Call your doctor if you see PU in engraving or if the incision is more than slightly tender or painful. The doctor can ask you to apply an antibiotic ointment to engraving. This does not require a prescription. If your incision bleeds, replace the bandage with a clean, dry bandage or gauze. Apply the pressure directly to the incision for a few minutes to Bleeding. If you continue to bleed, call your doctor. If you are out in the sun, cover your scar with a tape or sunscreen for the first 6 months after surgery. A healing scar is obscure and become more obvious if it becomes burned by the sun. Questions to ask your doctor can be infected a new incision during my hospital stay? How can I prevent my clothes to irritate my incision? Does it hurt when the points are removed? Resource centers for disease control diseases Prevention: Frequently asked questions about surgical site infections National health institutions, MEDLINEPLUS: It would take care of Copyright centers Â© American Academy of Family Physicians This information provides a general overview and may not be applicable to everyone. Talk to your family doctor to find out if this information applies to you and get more information about this topic. Updated by: Debra G. Wechter, MD, ACC, general practical surgery specializing in breast cancer, Virginia Mason Medical Center, Seattle, WA. Reviewed by David Zieve, MD, Mha, Medical Director, Brenda Conway, Director Editorial and A.D.A.M. Editorial team. Public Health England www.gov.uk Surgical site infections: Prevention and treatment. National Institute for Health Excellence and Care (Nice), April 2019. www.nice.org.uk wounds. Dermnet NZ. www.dermnetnz.org, HOME ABILITY KIT Published Wound 2015: Surgical Wounds. 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